



**Healthy Communities  
Partnership**  
Greater Franklin County

**Tobacco Cessation  
Fax To Quit Highlights**



**The PA Free  
Quitline  
1-800-QUIT-NOW**

- ✦ The PA Free Quitline offers evidence-based, individualized counseling to those who are identified through a brief assessment as ready to make a quit attempt.
- ✦ Quit Coaches provide an assessment, assistance in developing a quit plan, helpful informational materials, and follow-up calls.

**What is  
Fax To Quit?**

- ✦ Fax To Quit is a way to link individuals directly to services to help them quit the use of tobacco products.
- ✦ A faxed referral from a health professional results in a call to participants within 48 hours.
- ✦ The Quitline faxes a report to doctors and other health professionals when contact is made with participants.
- ✦ Participants receive up to FIVE conveniently scheduled calls from Quitline and unlimited patient initiated calls.

**What do I  
need to do?**

- ✦ Potential participants need to obtain a brief assessment from a doctor or health professional to determine their readiness for a quit attempt.
- ✦ Potential participants should discuss with their doctor about cessation medications and therapies such as a nicotine patch. In some cases, the Quitline will be able to provide nicotine replacement medications.
- ✦ If potential participants are ready for a quit attempt, doctors should complete a fax referral form and fax it to the Quitline. Referral forms and all promotional pieces can be found on HCP's website: [www.hcpfranklinpa.org](http://www.hcpfranklinpa.org)
- ✦ Participants should follow-up with their doctor about cessation at their next visit.



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