

...HCP Offers Continuing Support for those Craving Tobacco Freedom...

Over the past several years, Healthy Communities Partnership has assisted hundreds of people in their quest to become tobacco free. It is not an easy task, but one that many find is worth the work.

As we have worked with cessation class participants, we have been asked over and over if it is possible to continue with sessions, to come back through or if a support group is available. We are pleased to share that this summer, support groups are an option. Thanks to a special grant from the PA Department of Health, we are able to offer support groups to those in Franklin County seeking additional support on their journey to tobacco-freedom.

If you find that you are struggling, have slipped or just need some encouragement on your journey to tobacco-freedom, please join us at one of the following times.

All groups are held at our office, located at 232 Lincoln Way East, Chambersburg. Join us using the door off of the parking lot. Please contact our office to receive the list of upcoming dates and times. Groups will be offered on Monday and Tuesdays through mid-August.

You can register on line at www.hcpfranklinpa.org/FFS.html or by calling [717.264.1470](tel:717.264.1470).

We hope that you are well and want you to know, if you are struggling, we are here! This program is funded through a grant from the PA Department of Health.